



SELF (Strengthening Early Learning for Families)

Term 3 (July / August), 2018

SELF is a seven-week unique and cutting edge early intervention play based program for parents and children funded by the Kai Botsis Charitable Association Inc.

The target group will be parents of young children (up to the age of 5 years) who have developmentally based challenges in regulating, relating and communicating including those with Autistic Spectrum Disorders or at risk of diagnosis.

The cost of the program is \$3000 / family. Sponsorship from The Kai Botsis Charitable Association Inc. is available for families who require support.

What is the SELF program?

- This program uses a developmentally and relationship evidence-based approach (DIR/Floortime).
- It is for parents of children who have difficulty interacting, playing and communicating.
- The program is held over 7 weeks – 1 session per week.
- It is a combination of parent training and individual parent-child sessions.
- Parents will be 'coached' to play and interact through direct feedback and confidential video recording.
- There will also be roundtable discussion and sharing with other parents attending the program.

The following questions will be addressed:

- ❖ What kind of play promotes my child's attention and interaction?
- ❖ How can I get my child to play with **me** – not just on his/her own?
- ❖ How can I 'read' my child's attempts to communicate?
- ❖ How do I keep interaction and communication going - and **growing**?

Venue:

- ☐ All sessions are conducted at Sensory Connections OT services – 104 Keightley Road West, Shenton Park Ph: 93828538
www.sensoryconnections.com.au

Fees:

- ☐ There is a one off fee of \$20 to be contributed by each family to cover therapy supplies and refreshments.
- ☐ See application form in relation to sponsorship or private pay options.

Application Process:

- ❖ Five families will be selected for this program.
- ❖ Two adult places are available per family. Both parents are encouraged to attend but only one is required.
- ❖ As there is a large demand we will need a commitment for your attendance to all sessions.
- ❖ Please complete the attached form for consideration for SELF sponsorship.

Session	Date	Time
PARENTS-ONLY A	Fri 20 July 2018	10.00 – 12.30
Parent-Child 1	Fri 27 July 2018	*9.30 or 10.45 or 12.00 or 2.00 or 3.15
Parent-Child 2	Fri 3 August 2018	*9.30 or 10.45 or 12.00 or 2.00 or 3.15
PARENTS-ONLY B	Fri 10 August 2018	10.00 – 12.30
Parent-Child 3	Fri 17 August 2018	*9.30 or 10.45 or 12.00 or 2.00 or 3.15
Parent-Child 4	Fri 24 August 2018	*9.30 or 10.45 or 12.00 or 2.00 or 3.15
PARENTS-ONLY C	Fri 31 August 2018	10.00 – 12.30

*At the initial Parent-Only session, we will agree the time for your parent-child sessions.