



# Sensory Connections

## Occupational Therapy Services



104 Keightley Road West, Shenton Park, WA 6008, Australia  
Phone/Fax: 61 - 8 - 9382 8538 – Email: [administration@sensoryconnections.com.au](mailto:administration@sensoryconnections.com.au)

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General indicators that a KINDY CHILD (3-5 years) may benefit from an occupational therapy evaluation, check all that apply:

- Asks for excessive help during self-care or play activities or refuses to participate.
- Seems weak or floppy; Low muscle tone; Sits with “w” posture, leans for support.
- Appears clumsy-falls often, falls out of chair, difficulty running smoothly.
- Frequently bumps into things or people; often in personal space of others.
- Breaks toys or crayons easily. Uses a fisted grasp.
- Doesn't like having feet off the ground (dislikes swings or jumping from surfaces).
- Not interested in fine motor activities: coloring, cutting, puzzles, manipulatives.
- Delayed language development.
- Very active, has difficulty slowing down, moves quickly, hard to stay with one activity.
- Difficulty focusing or tends to over-focus and have a hard time shifting to new task.
- Dislikes baths, swimming, haircuts, cutting nails, and or cuddling.
- Over-reacts to touch, taste, sounds, or odors. Covers ears around certain sounds.
- Avoids climbing on playground equipment.
- Difficulty settling down, sleep difficulties.
- Needs more practice than other children to learn new skills.
- Frequent temper tantrums, difficulty with transitions.
- Has difficulty joining groups of peers.
- Poor eating habits; very picky eater
- Dislikes certain textures, temperatures, or tastes.
- Difficulty with chewing, blowing or sucking.